How to be a Successful iCharleston Student
Preparing To Leave

• Learn how to do your own laundry
• Can you cook three meals?
  – Pasta
  – Grilled Cheese
  – Rice and Beans
• What do you want to do while you’re abroad?
  – Places to see, food to eat, experiences to have
• Packing for iCharleston
  – 1 checked bag +1 carry-on bag +backpack
  – You only need to bring clothes
  – Packing list on iCharleston website
• Budgeting
  – How much money do you have per week?
    What should you be spending money on?
Focus & Reflect

• The fall is a very important semester
  – Build habits for your college career
  – Requirements to get back to CofC
  – Make the most of your time living abroad
• Remember, your priority is to get the grades for CofC
• Take time to check in with yourself and see how you’re doing
  – Reach out to Site Directors if something is off.
  – Use the weekly reflections to help!
Communication

- Set up a “communication plan” with family members, friends, etc to talk regularly
  - WhatsApp
  - Facebook Messenger
  - Snapchat
  - Skype

- Speak up! Learn how to advocate for yourself if you are experiencing any issues
Reaching out to Your Resources

- **Site Directors**
  - Transitional support
  - Social support
  - Group activities/excursions
  - CofC questions
  - Referrals for further on-site support

- **Academic Advisor**
  - Academic support/guidance
  - CofC questions
  - Referrals for CofC support

- **American University of Rome (RLS/RA/etc)**
  - Roommate conflicts
  - Counseling services

Audrey Owensby

Bailey McFaden
Passport to CofC

• Led by your Site Director(s)
• Attendance is required at all classes
• Information on culture shock, study skills, how to get around
• Information, guidance & preparation for CofC
• The iCharleston Blog
Behavioral Expectations

• Attend all classes
  – Your visa depends on it!
  – Building good habits
• Follow all rules as laid out by host institution
• Be responsible
• If you have an issue with someone, talk to them about it
• Take advantage of this experience!
How to be Successful in Rome

• Manage your time
• Get out and explore!
• Do NOT miss meetings
• Get to know your meal plan & where you can use it!
• Download different transit apps for public transportation
• Engage with Passport to CofC class
Questions?
Bag of Fear