Students should have at most one checked bag, one carry-on, and one personal item.

**Clothing:**
- 1 pair of rainproof walking shoes
- 1 pair of nice, comfortable shoes
- 1 pair of tennis shoes
- Socks
- Underwear
- 1 dressy outfit
- Skirts/trousers
- Shirts
- Sweater/sweatshirt
- Rain jacket/umbrella
- Warm jacket and winter apparel (scarf, hat, gloves, toque)
- Sleepwear
- Athletic wear

**Miscellaneous:**
- Watch
- Journal
- Books
- Backpack/Duffle bag
- Change purse
- Luggage tags/lock
- Laptop
- Chargers for laptop/phone/etc

**Documents:**
- Passport
- Entry letter
- Copy of passport and letter
- Flight itinerary
- Cash, credit/debit cards

**Medicine/Toiletries:** (all of these items, except for prescription medicine, can be purchased abroad)
- Prescription medicine (make sure you can travel internationally with your prescription, verify what documentation you need to legally transport your prescription)
- Comb/brush
- Moisturizers, cosmetics
- Deodorant
- Aspirin/Tylenol/Ibuprofen products
- Feminine hygiene products
- Razors (in checked luggage only)
- Extra eyeglasses and sunglasses
- Extra contact lenses and solution
- Tweezers, nail files/polish, etc (in checked luggage only)