2019 Fall
iCharleston Dublin
Pre-Departure Orientation
This presentation will cover...

- FIE: Foundation for International Education
- DBS: Dublin Business School
- Pre-departure preparations
- Travel to and arrival in Dublin
- Living in Dublin
- Conduct, health and safety
- First Year Forward
FIE: Foundation for International Education

- Founded in 1998
- Not-for-profit organization
- Working with around 50 US and international universities to deliver their study abroad programs
- Irish academic partners
- London, Dublin, and Amman
- 24/7 staff coverage
- www.fie.org.uk - Video
Your FIE Dublin Team

Karl Dowling
Resident Director

Pauline McKerrall
Assistant Resident Director

Monica Freiband
Experiential Education and Projects Officer

Sarah Griffin
Student Life Assistant (SLA)

Shannon Carroll
Student Life Assistant (SLA)
We’re proud of our Mission & Values!

So what are they?

Here’s our Educational Mission:

- To provide high quality educational experiences to the global community
- Committed to the development of creative learning environments wherein an understanding of, and appreciation for, the privileges and responsibilities of international citizenship is fostered
- Driven by the belief that interaction between people of diverse cultures is the base upon which empathy among nations is built
Our Articulated Values

- Knowledge and inclusivity
- Ethics and human rights
- Social and cultural reflection and action
- Commitment to the environment

We Care About: Sustainability, Diversity & Inclusivity, and Social Justice
...and we practice what we preach!
Here’s just a taster of our values in practice!
Our Zero Tolerance Policy

- A living and learning environment which is **free from harassment, discrimination, victimization and bullying**
- An atmosphere in which no **member of the FIE community feels under threat or intimidated**
- A **zero tolerance policy** to these types of behaviour
How do we work with our partners?

- We work with your home institution to deliver your study abroad program
- Every FIE program is different
- Custom designed specifically for each institution
Pre-Departure Communication

Preparing for Dublin: Welcome to FIE

MyStudyAbroad@FIE | Programme Dates | Dublin Team | Flights

Congratulations on your acceptance to the FIE@DBS Study Programme!

It takes courage and a sense of adventure to make the decision to study abroad and we are thrilled that you have chosen to do so in Dublin!
Dublin Business School (DBS)

- FIE and CofC’s Academic Partner
- Central Dublin city campus
- Established in 1975
- QQI designated institution
- Multiple major areas – Arts, Business, Psychology, Law, IT etc.
Working together

Dublin Academics
Co-Curricular Events
Student Services
Clubs and Societies
Academic Conduct

Residential Life
Extra-Curricular Events
Pastoral Care
Counselling Services
Residential Conduct
FYF

CofC Liaison; Academic, Referral Support, Spring Campus Return
1-1 and Group Meetings & Events
CofC Conduct
Passport to CofC
Welcome to Dublin, Ireland!
FIE: Dublin at a Glance

- 7 FIE Staff
- 3 Office Staff
- 4 Res Staff
- 1 You!!!

- ROI Population: 4.8
- Dubliners: 1.3
- Bridges: 24
- Castles & Churches: 16
- Parks: 56
- Stadia: 2
- Beaches: 24
- Theatres: 27
- Pubs: 740
- Restaurants: 890
Before your Arrival

Pre departure preparations
Prepare NOW!

- You’ll be in Dublin sooner than you think!
- Before you travel to Dublin, write down what you hope to accomplish and learn during your programme
- Make copies of your important documents to bring with you – passport photo page, insurance, medical information and DBS Acceptance Letter
Do some research

THE IRISH TIMES

thejournal.ie

Repeal

Lovin Dublin
Pop Quiz!

What do the colours in the Irish Flag represent?
Continuing research
Culture Shock

What to keep an eye on

- Ireland ≠ America!
- Expect to be challenged
- Expect to feel uncomfortable
- Surface level vs deeper

But don’t worry

- Embrace the new changes
- Be open minded
- Use your sense of humour
- Talk to FIE, DBS and iCHS staff
What to Pack

Don’t Over Pack!
What to Pack - Electricals

- Travel Adapter
  - Changes \textit{shape} of plug, not voltage
  - Suitable for majority of electronics – phones, laptops etc.

- Travel Converter/transformer
  - Changes \textit{voltage} – Ireland twice the voltage of US
  - \textbf{Leave your big electronics at home}

- Small appliances can be purchased on arrival
  - Hairdryers, straighteners cheap enough, or we may have some in our donations from previous semesters
What to Pack - Clothing

You should, at least, pack:

- Rain jacket
- Comfortable waterproof walking shoes
- Small bath towel and travel size shampoo, conditioner, body wash

Recommend you pack

- Clothes you can layer
  - 4 seasons, 1 day

Try laying all you want to pack on your bed

THEN HALF IT!

You will never wear everything you pack!

At least one set of clothes you don’t mind getting dirty (Causey Farm)

At least one set of nice clothes for big events/dinners

Leave space for your return at the end of the programme
What to Pack - Medication

- Can bring up to 3 months supply into Ireland
- Must be accompanied by copy of your prescription
  - Either in your hand luggage or with the medication in checked luggage
- Not all US medications readily available in Ireland
  - Check with HPRA
Medication - Mailing

Your must email the Health Products Regulatory Authority (HPRA)

You will need to state:

- Recipient’s name
- The courier company name
- The tracking number
- The type and amount of medication
- Recipient’s address and phone number in Dublin (to contact with any questions)

The package itself must include a photocopy of the prescription and/or letter from prescribing doctor on the outside of the box.
Immigration

- You will need to bring the following documentation in your hand luggage:
  1. Your Passport and return flight details
  2. Letter of Acceptance from Dublin Business School
  3. Proof of Insurance
  4. Proof of Funds
    - Evidence of €500 for each month of your programme. This needs to be shown by a bank statement not older than one month.
  5. Medical Prescriptions

- Registration with INIS after arrival - €300 registration fee
- We make these appointments for you!
Banking and Finance

- **Credit cards**: Visa and MasterCard only widely accepted – NO AmEx. Understand your transaction fees. Always pay in local currency.

- **Debit cards**: widely accepted with Visa, MasterCard, Maestro, Cirrus symbol.

- **Cash**: primary payment method. Don’t travel with large amount of foreign currency – travel with no more than a couple of hundred Euro.

- Opening an account

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**To Do**

- ✔ Notify your bank of travelling
- ✔ Ask bank of any Irish affiliations
- ✔ Start thinking about budgets
- ✔ Financial evidence for immigration
- ✔ Budget immigration registration fee €300
Finance - budgeting

- Cost of living in Dublin can be higher than the US – depends on how you live and the choices you make.

- Consider the following when coming up with a budget:
  - Personal items on arrival – depends on what you think you need!
  - Food and drink – groceries (€50-80 p/w) vs. take away/eating out
  - Entertainment – cinema (€7-10), FIE social events (€10-20), nights out
  - Travel – weekends away are the big ticket items!
Insurance

- Your programme includes comprehensive travel insurance

- Keep an eye on emails for more information on insurance documents, including where and what to print for immigration purposes

- Details on claim process given on arrival
Travel to/arrival in Dublin

When you’re on your way!
Arrival in Dublin

- Friendly FIE Staff member will greet you at the airport!
- Transfer to residence via private bus
  - Must arrival before midday where possible
- May have a short wait to collect all students
Arrival in Dublin

First Day Continued

- Will have small lunch/snack at Binary Hub – make sure you submit your order when asked!

- Tour of full Binary Hub residence and local area

- Walk into city centre for shopping and picking up of essentials

- Bed…Orientation is the next day!
Orientation

- FIE Welcome & Health and Safety Orientation
- DBS Academic Orientation
- Walking Tour of Dublin
- Group Excursions
  - Howth
  - Causey Farm
Cellphones

- Require a working Irish phone number for duration of programme

- Pick up a “burner” phone in Ireland (or use an old one kicking around the house)

- Get your smartphone unlocked before arrival
  - €20 unlimited data
Living in Dublin

Your Home Away From Home
Binary Hub
Binary Hub

- Shared apartment, with single en-suite bedrooms
- Bed linens and towels
- Stocked kitchen
- Reception – 24/7
- FIE live-in staff
- Laundry facilities
- Recycling facilities
- Gym
- Common room
- Study Space
Dinner Time

- No meal plans
- Eat healthy!
- Local butchers, grocers, supermarkets – bring shopping bags
- Learn some recipes now!
- Eating out – Pub dinner (€15), Fast food (€8), Sandwich (€5), early bird specials between 5-7pm
Code of Conduct

- Abuse of others (violent, sexual, verbal or electronically)
- Property destruction, vandalism
- Substance abuse/ excessive consumption
- Academic dishonesty
- Theft, disorderly conduct, tampering with fire safety
- Criminality in any form
- Behaviour that puts yourself or others at risk
- No smoking indoors
- No parties
Students are beholden to the FIE, CofC and DBS codes of conduct.

One or all codes may kick in depending on the incident in question.
Pop Quiz

The most visited tourist site in Europe is in Dublin – what is it?
Getting around Dublin

Dublin Bus

Dublin Bikes

Luas

Taxis

DART
Health and Safety

- Big city - petty crime happens!
- Register with [https://step.state.gov/](https://step.state.gov/)
- Stay in touch – Online travel forms
  - 2 forms – FIE & CofC
- Reporting incidents to FIE and the Gardaí
- Emergency Incident Response Plan available via FIE Website
Medical Services

- Hospitals: St. James Hospital, Mater Hospital, clinics and GPs
- Aungier Street Medical Centre, Thomas Street Medical Centre
- Allergies/medical conditions – prepare before you leave!
- Preventative care: maintain good habits and stay healthy!
Mental Health Services

- My Mind Professional Counselling Centre
- Counsellor vs. Psychiatrist
- Pre-existing conditions
  - Talk to your current service provider
- Under-18s
  - Need parental permission
- Talk to FIE staff
Accessibility services

- All known disabilities must be declared and documented in advance
- All information on disabilities will be kept confidential – shared only on strong need to know basis
- DBS have a dedicated Learning Supports Coordinator
- Each accommodation plan will differ according to the declared and documented disability and will be based on a student’s individual needs
Studying in Dublin

- This is a study abroad programme
  - Academics take priority over all other activities

- All students take Irish Life & Cultures
  - Co-curricular tours in Dublin, Tour of the West, Tour of the North

- DBS academic schedules may be shared prior to arrival
FYF: First Year Forward

- Harnessing the power of the freshmen abroad experience
- Cultural reflection
- Professional development
- Regular engagements
  - Convocation and Devocation
  - In classroom seminars and workshops
  - Co-curricular learning experiences – Volunteering Event, Dublin Castle, EPIC Ireland
- Assignments and presentations
- Reading assignment - Dracula
Questions?

Email us on fiedublin@fie.org.uk