Preparation

• A different independence
  – Take this time to learn how to do laundry, cook basic meals, etc

• What do you want to do while you’re abroad?
  – Places to see, food to eat, experiences to have

• Packing
  – 1 checked bag + 1 carry-on bag + backpack
  – CLOTHES ONLY
  – Packing list on iCHS website

• Budgeting
  – Figure out how much money you REALLY have to spend and prioritize
Focus & Reflect

• The fall is a VERY important semester
  – Building habits for the whole year
  – Requirements to get back to CofC
  – Make the most of your time living abroad!

• Remember, you have to focus on academics, personal wellbeing, relationships, fun

• Take time to check in with yourself and see how you’re doing

• Weekly reflection questions in Passport to CofC
Communication

• Set up a “communication plan” with family members, friends, etc to talk regularly

• SPEAK UP! Learn how to advocate for yourself if you are experiencing any issues
Reaching out to Your Resources

• Site Directors
  – Transitional support
  – Social support
  – Group activities/excursions
  – CofC questions
  – Referrals for further on-site support

• Academic Advisor
  – Academic support/guidance
  – CofC questions
  – Referrals for CofC support

• Residence Hall Advisors
  – Roommate conflicts
  – Residence hall issues
Passport to CofC

• Led by your Site Director(s)
• Attendance is REQUIRED at all classes
• Information on culture shock, study skills, how to get around
• Information, guidance & preparation for CofC
• Weekly blog posts (icharleston.wordpress.com/)
Behavioral Expectations

• Attend ALL classes
  – Your visa depends on it!
  – Building good habits
• Follow all rules as laid out by host institution
• Be responsible
• If you have an issue with someone, talk to them about it
• Take advantage of this experience!
How to be Successful in London

• Manage your time
• Get out and explore!
  – Learn the Tube & bus systems early on!
• Do NOT miss meetings
• Grocery shop instead of eating out
• Download CityMapper and the Tube app - they can be used offline
• Engage with Passport to CofC class
How to be Successful in Dublin

- Manage your time
- Get out and explore!
- Do NOT miss meetings
- Grocery shop instead of eating out
- Download mytaxi Dublin bus app
- Engage with Passport to CofC class
How to be Successful in Kelowna

• Manage your time
• Get out and explore!
• Do NOT miss meetings
• Get to know your meal plan & where you can use it!
• Download the Transit app for bus schedules & the UBC Students’ Union Okanagan app
• Engage with Passport to CofC class
How to be a Successful iCharleston Student

iCharleston 2017